



From Battlefield To Breakthrough

Taking Authority Over Your Mind And Identity

Blurb

From Battlefield to Breakthrough is a Scripture-rooted workbook designed to help believers renew their minds, confront destructive thought patterns, and walk in spiritual authority through Biblical truth.

In a world filled with anxiety, confusion, spiritual exhaustion, and identity struggles, many Christians find themselves stuck in cycles they do not know how to break. This interactive workbook guides readers through honest self-examination, prayer, journaling, spiritual warfare principles, renewing the mind, healing from wounds, understanding identity in Christ, and learning how to stand firm in faith.

Drawing from Scripture, personal testimony, practical reflection exercises, and guided prompts, Pastor Kristina Gibbons equips readers to move beyond surface-level inspiration into intentional transformation.

Author Kristina Gibbons, **Genre** Christian, **Date** May 2026, **Formats** Paperback and Hardback, 287 pages (Paperback)

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