



My Way On The Camino Portuguese

A Pilgrimage Walk from Lisbon, Portugal, to Santiago de Compostela, Spain

Blurb

What happens when the road demands more than your body can give - but your spirit refuses to quit?

In *My Way on the Camino Portuguese*, John Seegers shares the honest, humorous, and deeply personal story of his pilgrimage from Lisbon to Santiago de Compostela. Battling knee pain, fatigue, and self-doubt, Seegers doesn't just walk the Camino - he wrestles with it, adapts to it, and ultimately finds meaning in its every challenge and detour.

Told with warmth and wisdom, this memoir captures the unique rhythm of walking alone while surrounded by strangers who briefly become companions, guides, and even angels. Along the way, Seegers reflects on aging, resilience, and the evolving meaning of pilgrimage in a modern world.

Whether you're planning your own Camino, reflecting on past journeys, or simply drawn to stories of courage and transformation, *My Way on the Camino Portuguese* is a powerful reminder that the path we walk is as individual as the footsteps we leave behind.

Author John Seegers, **Genre** Travel Memoir, **Date** July 2025, **Formats** Paperback, Hardback, Audiobook and ebook, 301 pages (Paperback)

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