



Together Apart

A 30-Day Journal

Blurb

Together Apart is a guided 30-day journal created for individuals and loved ones navigating separation due to incarceration, military service, or life circumstances. Born from real conversations and lived experience, this journal offers daily reflections, faith-based encouragement, and intentional prompts designed to strengthen emotional connection, even from a distance.

Each entry encourages personal growth, honest communication, and healing - while also preparing readers for life beyond separation through a dedicated Release Planning section.

Whether near or far, Together Apart reminds us that growth, love, and connection can still thrive - no matter the distance.

Author BrandiJ and Quinton, **Genre** Self-Help, **Date** March 2026, **Formats** Paperback, 140 pages (Paperback)

Available at Amazon [HERE](#) (Paperback).

Author Website can be found [HERE](#)

Notes

Together Apart is more than a journal - it's a reflection of real conversations, real growth, and real connection built across distance. As co-authors from two completely different life experiences, we created this project through honest dialogue and a shared commitment to growth - proving that meaningful connection and transformation can happen, even when physically apart. This journal was designed not only for those impacted by incarceration, but also for couples, families, and individuals navigating distance, healing, and personal development.