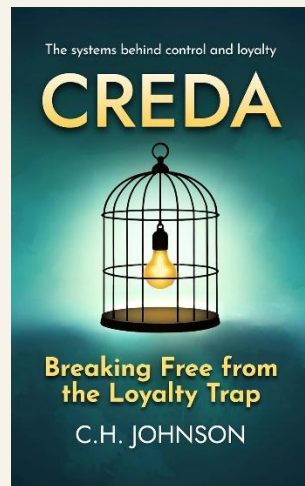




Creda

Breaking Free From The Loyalty Trap

Blurb

What if the most dangerous systems are not the ones that control through force, but the ones that make you feel loved, chosen, safe, and purposeful while quietly reshaping who you are?

Creda introduces a powerful new framework for understanding loyalty trap systems: belief-based structures that disguise control as truth, belonging, devotion, healing, or purpose. Blending psychology, personal insight, social analysis, and real-world patterns, C.H. Johnson explores how identity can slowly become fused with loyalty and why leaving controlling systems is often far more emotionally complex than outsiders realize.

More than a book about cults, Creda is an exploration of how control can hide in plain sight and what it takes to reclaim your voice once you begin to see it.

Author C H Johnston, **Genre** Psychology, **Date** June 2026, **Formats** ebook, 259 pages (ebook)

Available at Amazon [HERE](#) (ebook).

Author Website can be found [HERE](#)