



Carla Gunn

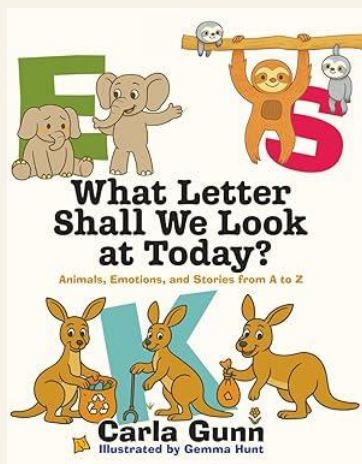
My name is Carla, and I've worked in early years education for many years. This year, I made a long-time dream come true by self-publishing my very first children's book, a creative and educational A-Z of animals, designed specifically with nursery aged children in mind.

The book is a collection of short, engaging stories; each one centred around a different animal and emotion, aligned with early phonic sounds. It's intended to support emotional literacy, phonics, and self-regulation in a fun and accessible way.

The stories reflect everyday situations children experience at home or in nursery, making them ideal for use in small groups, circle time, or one-to-one reading.

This project has been completely self-funded. I've worked with a local illustrator, and my own children contributed to some of the artwork, something I'm incredibly proud of. As someone with dyslexia, I also invested in professional double editing to ensure the highest possible quality.

Turning 40 this year felt like the right time to be brave and go for it.



Step into the world of animal names from A to Z – meet Ava the angry alligator, Harry the happy hippo, and Zena the zigzag-loving zebra.

Sometimes, feelings can be really overwhelming; naming an emotion can help a child to regulate and understand them.

This book gives children the opportunity to talk about feelings, self-regulation, and more. It is supported by questions involving different animals and scenarios they may recognise and understand.

What Letter Shall We Look At Today? is available at Amazon [HERE](#) (Paperback) and [HERE](#) (ebook).

Selected Reviews (more available [HERE](#))

This is a truly lovely book that approaches emotions in a gentle, accessible, and engaging way. The A-to-Z concept is creative and works wonderfully, making it both educational and enjoyable to read.

What stands out most is how naturally the book helps children think about and understand their feelings. It goes beyond simply naming emotions and instead encourages reflection, conversation, and emotional awareness in a very reassuring way.

The illustrations are charming and perfectly complement the tone of the book, adding warmth and personality to every page. It's the kind of book that works well for reading together and can spark meaningful discussions.

A wonderful addition to any child's bookshelf and a great resource for supporting emotional development.

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We absolutely love this book. Each letter of the alphabet has its own little story (over two pages), so it feels fresh and engaging the whole way through. It's not just an ABC book, every story carries a gentle, Montessori-style message that's woven in so naturally. I love the questions within each story, so you're not just reading to your child - you're reading with them. It sparks little conversations and really gets them thinking.

It's the kind of book that feels wholesome and intentional, but still fun and easy to read. Definitely one we'll keep coming back to.

For social media

- Facebook look [HERE](#)
- Instagram look [HERE](#)
- TikTok look [HERE](#)

We will be reviewing **What Letter Shall We Look At Today?** very soon (once it's had a thorough road test!)

And then we will be interviewing Carla to find out more about Harry the Hippo and all the rest of the characters.

