



The Shield And The Scalpel

Blurb

Two sisters. One last week of freedom. A retreat that was never what it seemed. Infinity, twenty-six and freshly called to the bar, and Eternity, twenty-four and days from beginning her medical internship, have always been each other's shield. Before their high-stakes careers pull them in opposite directions, they plan a final camping trip-just the two of them, in the mountains outside Cape Town. No signal, no distractions, nothing but sisterhood and the fire pit.

They have no idea the campsite was chosen for them months ago.

Behind the welcome notes, the trail maps, and the carefully curated "wellness" activities is a researcher who has spent six years studying exactly this moment: the precise fracture point where protective love turns into liability. Every conversation, every shared silence, every old habit is about to be tested. Not by accident, but by design.

As the week unfolds, Infinity and Eternity will discover that the strongest bond they have ever known may also be the one thing standing between them and the futures they have worked so hard to claim.

Tender, unflinching, and utterly gripping, *The Shield & the Scalpel* is a novel about the moment sisterhood stops being enough-and the terrifying, necessary question of what comes next.

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